



JOHN SANDS



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Made in China

Recommended Price  
**AUST 4.99 NZ 5.99**

thank you



thank you



thank you...



To Wayne,  
Loosely Woven  
→ Humph Hall

A belated note of thanks  
for the time, effort  
and funds donated  
to help us produce  
Mental Health First  
Aid courses.

We really appreciate  
your help.

Thank you!

...very



very



much.



Colin Braafon  
Rotary Club Dee Why Warringah